

Wake-Up Call



by KATIE COURIC MEDIA

April 16, 2025

Rhyme and Reason

In celebration of National Poetry Month, our **commerce editor Katie Pittman** is sharing one of her favorite pieces of verse, "[Oh You Woman of Appalachia](#)," which resonates especially strongly with someone who spent most of her childhood in the mountains of southern West Virginia.

"This poem by Kari Gunter-Seymour (who I was lucky enough to work with in college) brings tears of pride to my eyes every time I read it. It conjures up images of the strongest women in my family — all from Appalachia — who fight for what they believe in no matter what the world says about them. I strive to be as 'full of teeth' as the Appalachian ladies in my life have always been."